



Body Memory Process

Discover Your Childhood Vows, Change Your Life!

Why Children Slam Doors

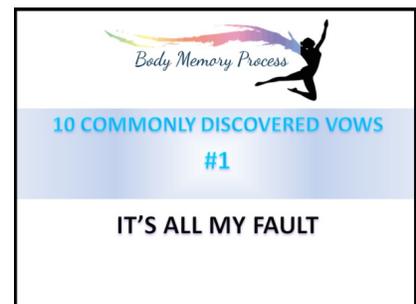


As we grow, we make decisions that disappear into the unconscious until we don't even remember we made a decision. As children, we were encouraged to play make-believe. What we were actually doing was making beliefs: judging, drawing conclusions, deciding good and bad and right and wrong. We were creating our own mythology. This phenomenon is evident in the skills we term "automatic" and in "body memory" once they are learned -- such as driving a car.

[Read More About Why Children Slam Doors](#)

Commonly Discovered Vows

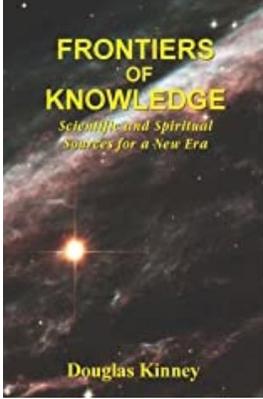
Do you ever ask yourself, "Why am I doing this again"? The childhood vows you made as the result of powerful personal experiences during your pre-logical young life govern you as an adult until you explore and address each of these decisions. You can scroll through some common vows and perhaps one or more might resonate with you.



[Scroll through some common vows](#)

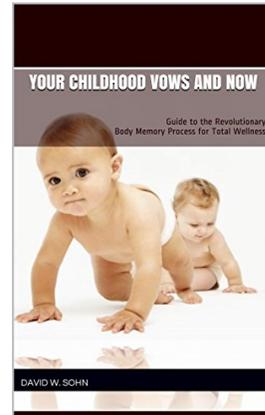
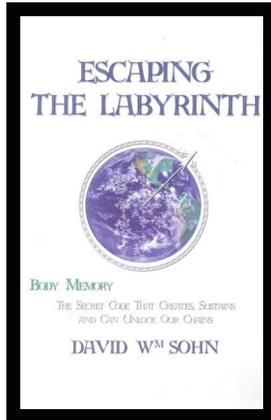
Author Recounts Session with David W. Sohn

Mr. Doug Kinney, author of *Frontiers of Knowledge*, worked with David W. Sohn several years ago and found the Body Memory Process to be extremely powerful in his life: *My experience with David and his healing therapy was very powerful and unique...I had about five decisions that David helped me revisit. All were stored in my physical body at different places where I have*



chronic, low-level problems. David gave me the opportunity to obtain clarity I had not been able to reach through any of my previous spiritual work...Many people would question the validity of my memories. My test on all of these innovative healing and learning experiences is, "Does it feel true and is it consistent with my knowledge of myself and life?" I have to answer with a strong, resounding "Yes!"

[See the rest of this Review and other Body Memory Process Reviews](#)



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